



HILLINGDON
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Important information about healthcare over Christmas

FACT: Did you know that a quarter of all patients that attend A&E for minor complaints could be treated by a GP...

Dear Parent

In the run up to Christmas and with the arrival of colder weather, we would like to remind residents of the availability of healthcare services across Hillingdon. It is important that residents are using services appropriately and visit Accident and Emergency for 'emergency' situations only. For minor injuries, flu, coughs and colds, there are the services provided by local pharmacies and walk-in centres – both of which will be accessible over Christmas and New Year.

To support families in Hillingdon, the information below gives details of services throughout the festive period:

- For Minor Injuries and Illnesses visit **Hayes Town Medical Centre** open 8am-8pm, 365 days a year - Call **01895 486020** or visit www.hayestownmedicalcentre.co.uk. No appointment necessary for this service
- Check when your GP or local pharmacist is open by logging onto www.hillingdon.nhs.uk
- For help when your GP is closed call the 'Out of Hours' service on **0845 850 1568**
- For any health query call NHS Direct on **0845 4647**
- For an emergency or any major illness like severe chest pain, blacking out or blood loss dial 999 or go directly to A&E

We would like to take this opportunity to wish you a Merry Christmas and a happy and healthy New Year

Professor Yi Mien Koh
Chief Executive Hillingdon PCT

Chris Spencer
Chairman, Hillingdon Children's Trust